

ROBERT C. & KRISTI L. FREY

E-mail: Freys@aol.com

Website: www.CreationScienceSeminars.org

The energy foot spa is a natural device that can help your body strengthen itself!

The human body functions off electro-magnetic signals.

The brain sends signals to each part of the body and the body back to the brain.

When cells have enough energy they are able to function properly.

The energy foot spa has helped people with the following health challenges:

ANTI-AGING
DETOXIFICATION
REDUCED JOINT PAIN
INCONTINENCE/CONSTIPATION
INSOMNIA
HEADACHES
MUSCULAR INJURIES
FATIGUE
INCREASED ENERGY / VITALITY
ACIDOSIS (acidity of the body's fluids)
MENOPAUSAL PROBLEMS
MENSTRUAL PROBLEMS
FUNGUS (Candidiasis infection)
IMPROVED KIDNEY FUNCTION
IMPROVED CIRCULATION
IMPROVED CONCENTRATION
ADD / ADHD
DEPRESSION BI-POLAR
BALANCES pH

If you live in the Minneapolis Metro area, contact us
for an appointment today!

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YOUR FOOT BATH

An energy foot bath is a natural health modality that may help your body strengthen and balance itself! The foot bath may energize your cells, may balance and strengthen the body to eliminate toxins, and may increase your overall sense of health and well-being.

At the end of the foot spa treatment, the footbath will always be discolored. Some of the discoloration is due to the minerals in the water or the type of sea salt that is being used in the bath. As the body releases toxins into the water, discoloration will also be apparent. The amount of discoloration will vary from a lot to very little, this is normal due to the body's reaction to the energy and how it chooses to detoxify. If the body detoxifies through the lymph system via the skin into the water, the water will absorb the toxins, or the body may choose to detoxify through the urinary system and/or the colon, and may see little change in the water color. Testing shows that a person's detoxification session will override the geographical nature of the water.

The important thing to remember is that the machine itself is not pulling things out of your body. Rather, when your body absorbs the energy in the water, it is actually absorbing vital energy on a cellular level, helping to create cell balance. Once the body receives the energy, it starts detoxifying on its own. You may find that you may need to urinate and move your bowels more than usual in the first few hours following the footbath, and observe the following colors during the detoxifying process:

Color or Particle	Material or Area of the Body
Yellow-Green	May be detoxifying from the kidney, bladder, Urinary tract, female/prostate area.
Orange	May be detoxifying from the joints.
Brown	May be detoxifying from the liver, tobacco, cellular debris.
Black	May be detoxifying from liver.
Dark Green	May be detoxifying from the gallbladder.
White Foam	May be detoxifying the lymphatic system.
White flecks or cheese-like particles	Possibly yeast (Candida)
Black or silver flecks	May indicate heavy metal detoxification, (<i>Possibly aluminum, mercury, lead, barium, Nickel arsenic, cadmium, or uranium</i>).
Red flecks	May be blood clot material.

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